

Scouts Eco Cat Adventure Sailing Days



for Joey Scouts and Cub Scouts!

WHO? Joey or Cub Units: min 6 to max 12 youth, plus two Leaders.

WHAT? A sailing adventure on Scouts Eco Cat, with bonus swimming opportunities!

WHEN? Sunday mornings in Term 4 2026, 9 am to 12 noon, weather permitting.

WHERE? Scouts Water Activities Centre, (SWAC) - opposite Olives Reserve, Mary St, Como.

WHY? To learn Boating Outdoor Adventure Skills, and how to have fun safely on the river!

WHAT TO WEAR:

Wear your boating/swimming gear to SWAC so you don't need to get changed before we can start.

- **Bathers**
- A **hat** (not cap), with a chin strap or cord so it won't blow off.
- A long-sleeved **rashie or shirt** that you can swim in. No singlets please.
- **Board shorts** or leggings prevent chafing issues from the PFD, and give protection from sunburn on legs.
- **Water shoes** or similar which can be worn while swimming. "Crocs" and thongs are not suitable, because they won't stay on your feet while swimming. Old runners are fine.
- **Sunscreen** must be applied before arriving!

Joey and Cub Voyagers who are not properly dressed for the conditions will not be able to take part in the activity.

WHAT TO BRING (IN A BAG):

- A **towel**.
- **Morning Tea in a sealed container**, with no wrappers or other rubbish materials which might blow into the river, eg no juice boxes or snacks in plastic wrapping or bag.
- A **water bottle**.
- A **change of dry clothes** to put on after the activity concludes.
- **Swim goggles** if they need them.
- A **lanyard or strap** for their glasses if they'll be wearing them.

Please have all items **clearly labelled with their name**.

MEETING PLACE & TIME:

Meet your Leaders at the park bench at the north end of Olives Reserve on Mary St, Como by **8:45 am**. Together, you will walk from there across the footbridge over the freeway to get to the Scouts Water Activities Centre (SWAC).

Parents, please accompany your Joey or Cub with the Leaders across the footbridge to assist with supervision for the walk.

Our Voyagers should **arrive at SWAC by 9 am**. After arriving at SWAC, parents may depart if you choose.

COLLECTION AFTER THE ACTIVITY:

Participants are to be **collected at 12 pm from SWAC**. Please tell your Leader before leaving the site with your child.

HOW TO BOOK:

Email **Branch Leader Boating**, Barb de la Hunty, at: bl.boating@scoutswa.com.au

COST: FREE!

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THERE'S A BADGE!

Each Voyager will receive a badge for their Camp Blanket afterwards, showing which Watch they were on!



WHO'S DRIVING THIS BOAT ANYWAY?

The Skipper and Crew - including the Watch Leaders - are trained older Youth Members, supported at all times by qualified Leaders. Scouts Eco Cat is equipped with a backup electric motor which runs whisper-quiet, and generates no air- or water-pollution. A Safety Boat with qualified and trained crew (at least one of whom is an Adult Member) will always accompany Scouts Eco Cat on Joey or Cub Adventure Sailing Days.

PROGRAM:

1. On arrival at SWAC at 0900, all Voyagers will be fitted with the correctly-sized **PFD (Personal Flotation Device)**, which they must wear for the whole voyage, including while swimming.
2. Everyone is checked to make sure they are wearing **sunscreen**, and **sun-smart** and **water-smart clothing**; please refer to **WHAT TO WEAR** on page 1.
3. **Morning tea snacks, water bottle, and towel** are packed into bags for the voyage.
4. Our intrepid Youth Voyagers and their Leaders are then put into **Activity Patrols** called **Starboard Watch** and **Port Watch**.
 - **Starboard Watch** Voyagers will learn to control the boat on the **Starboard** (right-hand) side of the boat.
 - **Port Watch** Voyagers will learn to control the boat on the **Port** (left-hand) side of the boat.
 - **Watch Leader**. Each **Watch** will have a **Watch Leader** who will direct what needs to be done on their side of the Boat.
5. Our Voyagers will be **introduced** to their **Watch Leader** and the rest of the **Crew**, who will then explain how to get safely on and off the boat, where it's safe to sit on the boat while we are sailing, and which parts of the boat rigging they will be helping to control.
During the voyage, Youth Voyagers will take turns on the tiller to steer the boat, and will assist with hauling or easing the jib sheets (ropes) which control the jib sail at the front of the boat.
6. When ready, we will **depart** on our Adventure Sailing Day.
7. We will **sail** and motor around Point Heathcote, and drop anchor in **Waylen Bay**. There we will have **Morning Tea** on board, and a **swim** around the boat in our PFDs. ***Refer to *****VOYAGE DESTINATION** below.
8. We will then **sail back to SWAC**, disembark from Eco Cat, and briefly **REVIEW** the morning's adventures with our Crew.
9. The Program ends at SWAC after 12.00. Remember to tell your Leadeaders before you leave SWAC with your child.

***VOYAGE DESTINATION:

NOTE: The destination depends on the weather.

- **If the breezes are favourable**, we sail north around Point Heathcote, and west into to Waylen Bay, where we anchor up for Morning Tea and have a swim off the boat in our PFDs. Reminder that Youth and Leader Voyagers will be directly supervised at all times and **MUST** stay in their PFDs, especially when swimming.
- **If the breezes are not looking suitable** to sail to Waylen Bay, then we do our sailing in the Canning River in front of SWAC, and anchor in the river for their Morning Tea, +/- swim, depending on conditions.
- **If the winds are too strong** to go sailing at all, or if it's raining, we will run a Beachside Activities Day of sailing and boating games and learning activities on the beach and in the hall.